

Week 10: 18-30 Months

Monday

Practical Life: Setting the Table

- **Objective:** Collaborate in family activities, and help kids build confidence.
- **Materials:** cutlery, plates, napkins, glasses ...
- **Procedure:** Help set the table with a silverware basket. Help set tablecloth. Help fold napkins and glasses.

Sensorial: Get the Treasure

- **Objective:** Experiment with different temperatures. Use problem solving skills, practice fine motor skills.
- **Materials:** Plastic box, for a 'treasure' that includes plastic animals, beads, buttons, coins, and other plastic toys.
- **Procedure:** Put some pieces of treasure in the box and fill them with water about 1/3 of the box. Put it in the freezer. Then when you take it out, give your child the block with some tools and tell him to get the treasure. This generally involves several experiments on the best way to dig up the treasure.

Language Arts: *"Big" and "Small" work to compare the sizes of objects.*

- **Objective:** Understand big and small concepts.
- **Materials:** Different objects that can be compared to each other.
- **Procedure:** Present the small and large object, then you can ask the child to point to the large object then have him point to the small object. You can also ask him to take the large object and repeat with different objects.

Math: Learning basic shapes game

- **Objective:** Learn about basic shapes and gross motor development.
- **Materials:** This game is great to play outdoors and does not require much to set up. Open space and a few thick sticks of chalk is all that you really need.
- **Procedure:** Start by drawing 3 or 4 shapes on the driveway or sidewalk and in different colors. Talk to your child about the shapes drawn, what makes them unique. Ask them to start by standing on one chosen shape and then move on to another shape of their choice. Encourage them to name the shapes as they stand on them or repeat after you.

Science: Germinating seeds

- **Objective:** Learn about seed germination with this fun science experiment.
- **Materials:** A small glass. Some seeds (peas, beans, corn, radishes, squash, sunflowers). Small pots. Small gardening hand tools.
- **Procedure:** Fill the container with soil. Plant the seeds inside the soil. Place the container somewhere warm, sunlight is good but try to avoid too much direct sunlight (a windowsill is a good spot). Keep the soil moist by watering it every day (be careful not to use too much water). Record your observations as the seeds germinate and seedlings begin to sprout from the seeds.

Tuesday

Practical Life: Sweeping

- **Objective:** Care of the environment and collaborate in family activities.
- **Materials:** child size broom, dustpan and brush, cheerios (or some other small easy to sweep items)
- **Procedure:** Scatter cheerios in a small area. Demonstrate how to sweep the cheerios into a small pile. Take the dustpan and carefully brush the cheerios into the dustpan using either the broom or small brush. Re-scatter the cheerios and have your child try. Once all the cheerios are in the dustpan and you have finished the activity, show the child how to carry to the garbage to dispose.

Sensorial: Sorting Soft and Hard

- **Objective:** Understand the concepts soft and hard.
- **Materials:** Four hard items and four soft items from around the house and two baskets.
- **Procedure:** When presenting this activity, lay out the items and state whether it is hard or soft. Guide your child to place all soft items in one basket and all hard items in the other basket.

Language Arts: Calendar

- **Objective:** introduce calendar vocabulary.
- **Materials:** see attached calendar materials; poster board or cardboard; glue or tape
- **Procedure:** Make your own simple calendar where the child can change the day, month, weather.

Math: Pattern Play

- **Objective:** Understand pattern concepts.
- **Materials:** Dry macaroni, chunky beads, different types of dry cereal, or pieces of paper in different patterns or designs.
- **Procedure:** Supervise your child carefully during this activity to prevent choking and put away all items when you are done.

Science: Magnetic vs Non-magnetic

- **Objective:** Understand the concepts of magnetic and non-magnetic.
- **Materials:** Objects some magnetic and some not, a magnet.
- **Procedure:** Provide your child with a variety of objects, some magnetic and some not, and let them guess which are magnetic and test their theory.

Wednesday

Practical Life: Dusting Plants

- **Objective:** Care of the environment and collaborate in family activities.
- **Materials:** A small cloth; plants around the house
- **Procedure:** Show your child how to dust the leaves of a plant. Supervise as they do it.

Sensorial: Smelling Bottles

- **Objective:** Olfactory discrimination.
- **Materials:** Jars, essential oils, cotton, herbs...
- **Procedure:** Fill a few spice jars with herbs or cotton balls with kid-safe essential oils. Let your child enjoy smelling and guessing what they are. For an older child, you can provide two sets of bottles and let them match the smells.

Language Arts: Letters Boxes

- **Objective:** Letter recognition.
- **Materials:** three containers, pen, paper
- **Procedure:** Pick three letters and label each container with a chosen letter. Have your child walk around the house and locate items that begin with the letter and place item in the container. "C" for car (for example)

Math: Pouring and Comparing

- **Objective:** Understand concepts "less" and "more". Sequencing.
- **Materials:** 3 clear glasses containers (can be glass, a small jug), for dry pouring you can use uncooked rice, beans, cereal ...
- **Procedure:** Pouring different amounts in each of the glasses, then ask your child which contains more, and which contains less. You can ask them to order them from smallest to largest and to compare them.

Science: Sink or Float

- **Objective:** understand the concepts of sink and float. Understand some characteristics of objects.
- **Materials:** Variety of sink and float objects
- **Procedure:** Use a tub of water (or the actual bathtub to avoid the mess!) and give your child a variety of objects. Ask them to hypothesize which will sink and which will float and then test their theory.

Thursday

Practical Life: Cutting a Banana

- **Objective:** develop self-confidence and self-sufficiency in the kitchen, fine motor skills.
- **Materials:** Banana prepared by cutting a slit at the top of the banana so the child can peel off the skin, strip by strip, chopping board, a butter knife/non-serrated knife to cut banana.
- **Procedure:** Demonstrate the procedure step-by-step and then encourage your son or daughter to do it.

Sensorial: Sorting by Color

- **Objective:** Learn and differentiate their colors
- **Materials:** Objects of different colors and baskets to classify them
- **Procedure:** In presenting the lesson, name the color of the object and place it in the correct spot. Continue until all the items are sorted. Return the items to the basket and invite the child to do the activity.

Language Arts: I Spy

- **Objective:** I spy tests and develops the powers of perception and observation, expands vocabulary, and can be used to teach young children about letters, names, shapes, and objects.
- **Materials:** Objects around the house.
Procedure: For every round of espionage, there is one person who is the spy. That person selects an object and must make the other players guess what the object was based on a clue. You can use phonetic letter sounds with which the object name begins.

Math: Bring Me Game

- **Objective:** practice counting.
- **Materials:** different objects that can be counted.
- **Procedure:** Montessori math for young children is extremely hands-on. Practice with your child who is learning to count by playing a "bring me" game. Say something like, "Bring me 8 red Lego bricks" or "Bring me 3 colored pencils". Your child will have to keep the number in their mind while they find the objects, which makes it more challenging.

Science: Land, Air, And Water

- **Objective:** introductory geography lesson focused on land, air, and water.
- **Materials:** 3 empty glass containers labeled "land", "air", and "water". Small objects or images representing things found in air, land, and water.
- **Procedure:** Collect small objects or images representing things found in air, land, and water and let your child practice sorting them.

Friday

Practical Life: Basket with Containers

- **Objective:** Refinement of eye-hand coordination and grasp and development fine motor skills.
- **Materials:** Basket of different containers with different opening possibilities, e.g., a basket, bag, pouch, etc.
- **Procedure:** Show your child how to open and close each container then encourage him/her to try it for him/herself.

Sensorial: Stereognosis Bags

- **Objective:** help in the development of the sense of stereognosis, increase vocabulary.
- **Materials:** An attractive bag with 5 to 8 objects.
- **Procedure:** put the object inside the bag and ask your child to reach into the bag and try to identify the objects without seeing them.

Language Arts: Match the Alphabet

- **Objective:** Learn and practice letters by their sounds.
- **Materials:** Alphabet cards (see attached); objects or pics of objects starting with the chosen letters.
- **Procedure:** Cut out 3 to 4 letters and show them to your child. Then give pictures of objects or objects and ask your child to identify the object. Then ask her to match the image to the initial letter of the object. In this way, you will use phonetics to match the letters to the object, thus building your ability to spell correctly.

Math: Sand or Salt Tray Numbers

- **Objective:** recognize the number and pre-writing activity
- **Materials:** Tray or plate or small dish, Salt or sand, Dish, 10 index cards, pen or marker.
- **Procedure:** On one side of each card, write a number (1-10) and on the other side draw the corresponding number of dots. Fill the tray, plate or small dish with salt or sand making sure the bottom is covered. Turn the cards over so the dots are showing. Have your child count the dots. Then have your child write the number in the salt/sand with his finger. Turn the card over to see if it is correct. If not, shake the salt tray a bit and then copy the number correctly.

Science: Exploration of the World

- **Objective:** Botany, Life sciences.
- **Materials:** None
- **Procedure:** Take a walk in a natural area and with your child collect interesting things from nature such as stones, leaves, roots. Children love to collect small objects that can be used for scientific studies. You can also observe insects, flowers, and animals.

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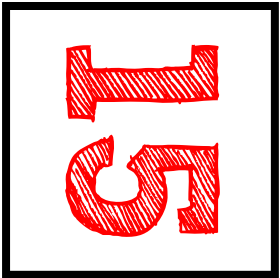
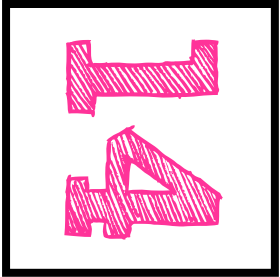
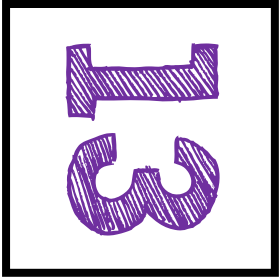
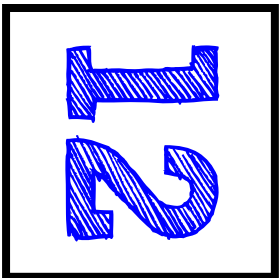
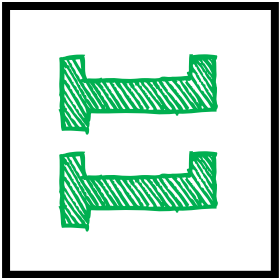
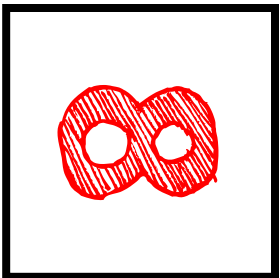
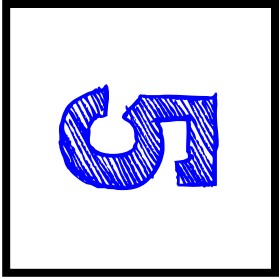
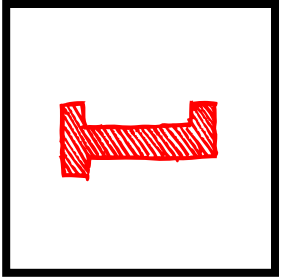
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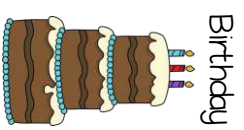
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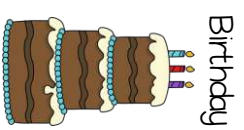
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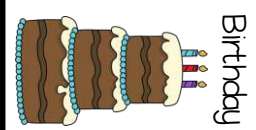
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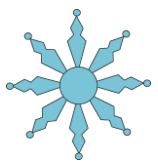
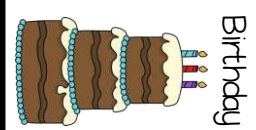
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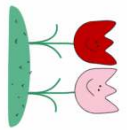
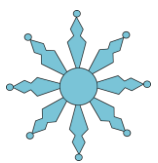
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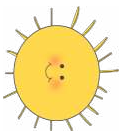
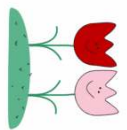
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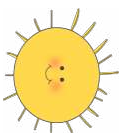
Winter

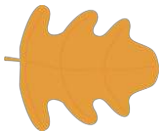


Spring

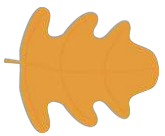


Summer





Fall



January

February

March

April

May

June

July

August

September

October

November

December

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



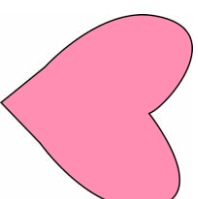
New Years



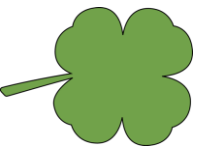
Chinese New
Years



Martin Luther
King Day



Valentine's Day



St. Patrick's Day



Groundhog Day



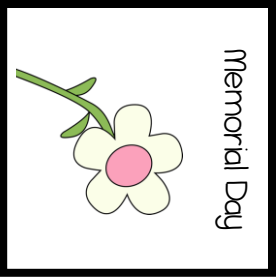
Presidents Day



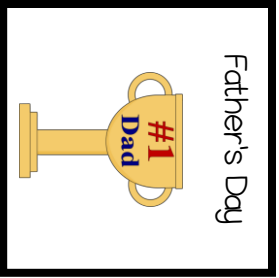
Easter



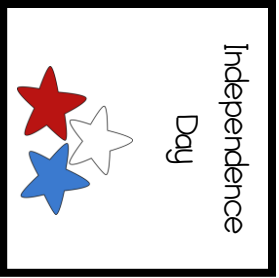
Mother's Day



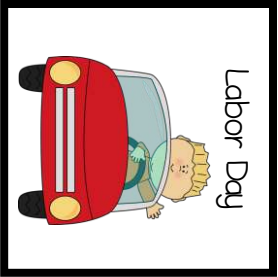
Memorial Day



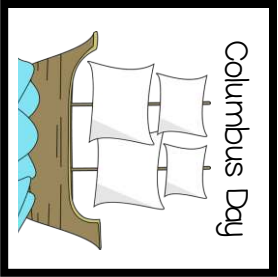
Father's Day



Independence Day



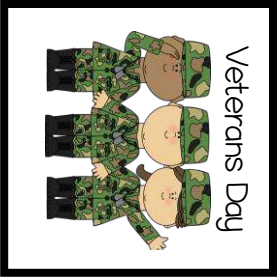
Labor Day



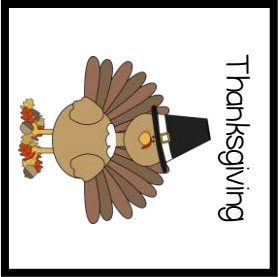
Columbus Day



Halloween



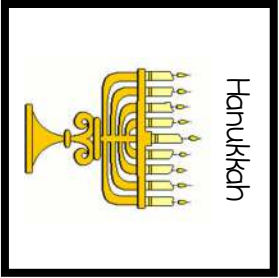
Veterans Day



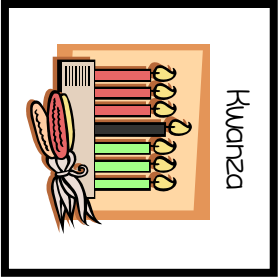
Thanksgiving



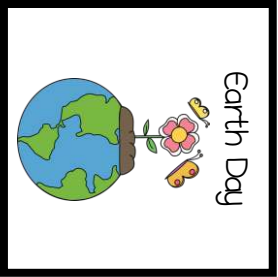
Christmas



Hanukkah



Kwanzaa



Earth Day

Month

Year

Season

Day	Day	Day	Day	Day	Day
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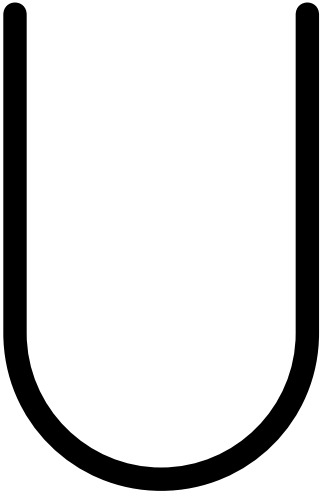
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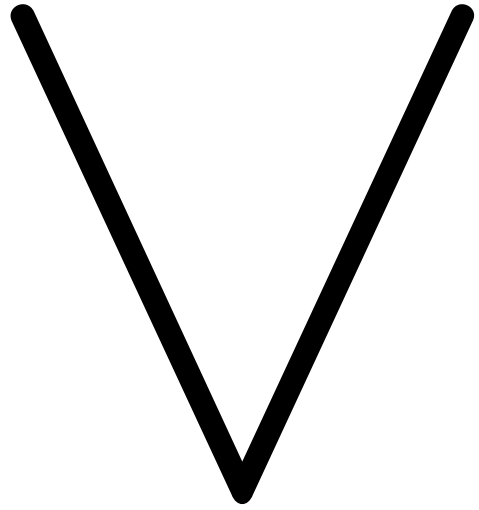
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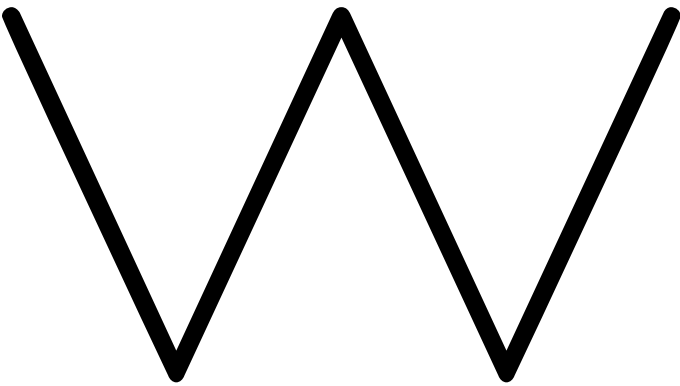




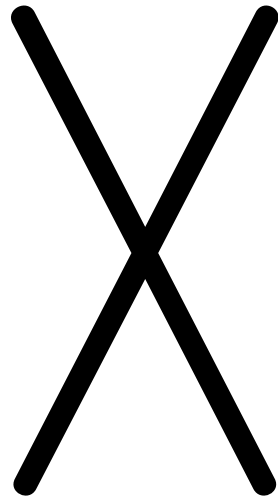
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