

## Week seventeen 18-30 Months

### Monday

#### Practical Life: Washing Windows

- Materials: Bowl or bucket of soapy water; sponge; squeegee; paper towels
- Procedure: Pick a window or pane of glass close to the floor. Show your child how to wash a window. 1) Place sponge in soapy water and wring out a little. 2) take the sponge and wash the window. 3) Take the squeegee and starting from top right, go down and work in columns until the window is now dry. 4) Use the paper towels to wipe the squeegee between columns. 5) Now it's your child's turn.

#### Sensorial: Ice Water Sensory

- Materials: Big plastic container, water, ice, arctic animal toys
- Procedure: Place the container on a waterproof flat surface and pour some cold water into the container and add some ice. Then place some arctic toys and let your child explore.

#### Language Arts: Letter Sounds

- Materials: None
- Procedure: Play a phonetic I Spy game with your child saying "I spy something that starts with "Ah" (sound of the letter A)

#### Math: Count in Circles

- Materials: A piece of paper, marker, animal crackers or another snack
- Procedure: Draw one circle and show your child how to place one cracker in that circle.

#### Science: Tape Pull

- Materials: A hard surface, tape, scissors
- Procedure: Cut pieces of tape into 10 different lengths. Then fold a tiny bit under each side. Then stick them to the hard surface. Once they are stuck down have your child try to pull them up.

## Tuesday

### Practical Life: Pouring solid

- Materials: 2 identical measuring cups, some beans
- Procedure: Fill one cup with dry beans and place the empty cup next to it. Show your toddler how to pour the beans to the empty pitcher and encourage the toddler to do the same.

### Sensorial: Arctic snow dough

- Materials: [Arctic snow dough](#)
- Procedure: Use the snow dough sheet to make the snow dough. Once made add some arctic toys and let your child explorer.

### Language Arts: Letters of your name

- Materials: Paper and pencils
- Procedure: Write your child's name in big letters on the piece on paper then go over it with your child by saying the letter then the sound.

### Math: Fingerprint counting

- Materials: paper, paint, and marker
- Procedure: Get out your washable paint, place them in the paint palette or old egg carton. Then have your child make fingerprints while counting at the same time.

### Science: Shadows

- Materials: single light, hands, blank wall
- Procedure: Turn off all lights, take the single light and point it towards the blank wall, have you and your child make different shapes with your hands to make different shadows, explore the different shadows you can make.

## Wednesday

### Practical Life: Making popsicles

- Materials: popsicles sticks, juice, and an ice tray
- Procedure: Help your child make some juice, then have them carefully pour the juice into the ice tray and play the popsicles in each ice slot. Pop the popsicles into the freezer for 4 to 5 hours.

### Sensorial: Sensory Balloons

- Materials: 8 Balloons, water, Shampoo, rocks, cotton balls or something soft
- Procedure: Make two of each. Then have your child feel each balloon and try and match the correct balloon.

Language Arts: Read a book

- Materials: Your child's favorite book
- Procedure: Sit down and read your child's favorite book with them.

Math: Counting Cheerios

- Objective: Children will learn one to one ratio.
- Materials: Number cards, Cheerios, Small Containers
- Procedure: Starting with number 1, place 1 Cheerio under the number. Move on to number 2 and so on. If your child is overwhelmed with numbers 1-9, only use 1-3 at first.
- Note: A fun snack is waiting when you're done!

Science: Making ice paint

- Materials: Small bowls, popsicles sticks, an ice tray, paint, and some water
- Procedure: In a small bowl mix some paint in with some water and stir until it's completely blended. Once all blended have your child pour the paint into the ice cube trays and place popsicles stick into each one. Freeze the paint for 24 hours.

## Thursday

Practical Life: Brushing teeth

- Materials: Toothpaste, Toothbrush, Sink
- Procedure: Practice brushing teeth and tongue with your child and communicate with your child how important brushing your teeth is.

Sensorial: Pink tower

- Materials: [Pink tower](#) and a pink color pencil
- Procedure: Print and color the boxes pink then cut them out. Have your child then put them in order from biggest to smallest

Language Arts Letter Matching

- Materials: [Letter Matching](#)
- Procedure: Print out the letter matching sheets and cut out all the letters then lay them out and have your child try and match them

Math Number Hop

- Materials: Sheets with numbers
- Procedure: Place the sheets on the floor, and have your child hop from card to a card saying numbers in order

Science: Make a Rainbow

- Materials: Skittles/M&Ms/Gobstoppers, a plate, water
- Procedure: Arrange your Skittles/M&Ms/Gobstoppers in a single row colored pattern around the edge of the plate. Pour over enough warm water to cover all

the Skittles/M&Ms/Gobstoppers and the bottom plate itself. Watch and wait as a rainbow appears on the plate, the colors will move towards the middle and create a whirl of color.

## **Friday**

### **Practical Life: Treasure Basket**

- Materials: Natural items around the house or garden, a shallow basket or bucket
- Procedure: Gather some items (about 10 to 15) and arrange them in a shallow basket/bucket so the baby can reach and grab something from all sides. Then sit back and allow your child to explore

### **Sensorial: Flower Sensory Play**

- Materials: Flowers
- Procedure: Place some flowers in front of your child and let them explore the texture of them.

### **Language Arts: Puppet Game**

- Materials: Puppets or dolls
- Procedure: Create imaginary stories for your children and don't forget to use different tones of voice that will catch their attention.

### **Math: Count with blocks/Legos**

- Materials: Blocks or Legos
- Procedure: Use your blocks/legos to build a tower. Start with one then keep adding until you get to 10.

### **Science: Observation**

- Materials: None
- Procedure: Go outside and look around at what you see outside. Talk about it, ask questions like "do you see that bird" or "what does the grass feel like"