

Reggio Activities for Week 3:

Monday: Obstacle Course

Object: gross motor, following directions

Materials: pillows, cushions, blankets, chairs, towels, boxes

Procedure: set up blanket forts, cushions on the floor, etc. and let your child walk on them, jump over them, and crawl under them.

Tuesday: Coffee Filter Tie Dye



Object: art exploration, fine motor

Materials: coffee filters, watercolors or diluted paint, dropper or syringe

Procedure: Fold coffee filter into thirds. Have your child use the dropper to put paint on the coffee filter. Use as many colors as you please. When the filter looks full, open it up to see a tie-dyed painting!

Wednesday: Plant Check In

Object: Science, care of the environment

Materials: cup, water

Procedure: Using a cup or watering can, help your child water their plant and observe any changes.

Thursday: Play-Doh

Object: sensory, fine motor

Materials: Play-Doh, cookie cutters

Procedure: Open-ended exploration. Allow your child to feel the Play-Doh in their hands and help them cut out shapes with the cookie cutters.

Friday: Leaf Rubbing



Object: Science, art exploration, fine motor

Materials: paper, crayons with label off, leaves

Procedure: Place the leaf on the table with paper on top of it. Use the side of the crayon to rub side to side over the paper and leaf. Study the lines and patterns left on the paper afterward.