

18-30 Month Week 6 Lesson Plans

Week Six: Monday

Practical Life: Spread Peanut Butter on Crackers

- Objective: completing a multi-step task, sequencing, build independence
- Materials: crackers, peanut butter/sun butter/ jam
- Procedure: Gather your supplies. Show the child how to use the knife and wrist movement to get the peanut butter from the jar. Spread the peanut butter on the cracker. Present it to the child and encourage him/her to try it.

Sensorial: Outdoor Sounds

- Objective: hearing development, concentration, language building
- Materials: n/a
- Procedure: Take your child outside and bring his/her attention to the sounds that you hear. You can say phrases like "I hear a siren.", "I hear a bird.". Then ask the child if they can hear anything.

Language Arts: Talking about Events

- Objective: language development, having the child engage in a meaningful conversation with an adult
- Materials: pictures of events with people that the child is familiar with, box
- Procedure: Place the pictures in the box and sit with the child. Present a picture, one at time and talk about the event in the picture. Ask the child if they know who is in the picture and what else in the picture. Encourage the child to talk about what they see.

Math: Matching Objects with Silhouette

- Objective: introduction to quantity
- Materials: three white sheets with dots on each sheet represent a number from one to three. Six circle shapes objects.
- Procedure: place the sheets horizontally on the table start with number 1 then take the circle objects and place them on the top of the silhouette that you trace. You can say the numbers when you done matching them.

Science: Sorting Plastics and Metals

- Objective: sensory exploration, language building, understand the different characteristics of plastic versus metal and can organize them into certain groups
- Materials: different metal and plastic objects, two containers to separate the objects

- Procedure: Explain the different characteristics of both materials such as temperature, colors, sounds, textures, and allow your child to experience each characteristic. Then demonstrate how to sort them.

Week Six: Tuesday

Practical Life: Making a Popsicle

- Objective: fine motor skills, concentration, hand eye coordination
- Materials: ice tray, popsicle sticks, juice, small pouring container
- Procedure: Pour a little bit of the juice into a small container for the child to pour to make ice cubes. Have the child pour the juice into the ice cube tray. Then have the child grab a popsicle stick and place it inside of the ice cube tray filled with juice. Repeat until all the compartments in the ice cube tray have a stick. Can cover the tray with plastic wrap prior to inserting sticks to keep them upright. Place in freezer.

Sensorial: Mixing Three Primary Colors

- Objective: vision development, color recognition, cause and effect
- Materials: red, yellow and blue food coloring, water, 2 small containers
- Procedure: Take all materials to the table. Give the child the blue food coloring and ask him/her to add it to the water and say "blue". Then have the child add the red food coloring to the same water while saying "red". Have the child observe how the water is changing colors with the two primary colors. Then say "We made the color purple using blue and red." Bring the second container with water over to the child. Ask the child to add the blue food coloring to the water and say "blue". Now ask the child to add yellow to the blue water and say "yellow". Then say, "we made the color green by using blue and yellow".

Language Arts: Cutting Pictures from Magazines

- Objective: language development, fine motor skills
- Materials: old magazine, scissors
- Procedure: Collect an old magazine and choose a picture to talk about. For example, if you have a nature picture, talk about the different objects you see in the picture. Encourage the child to name objects by pointing to them. Next, have the child use scissors and allow the child to cut out the picture from the magazine.

Math: Make a Book with Shapes

- Objective: shape recognition
- Materials: six pieces of two different colors of construction paper, glue stick
- Procedure: Cut three shapes of the same color. Give the child one piece of construction paper and the glue stick and ask the child to rub the glue stick on

the paper. Then give the child one shape that is already cut and have them put in on the glue part of the paper. Say the shape out loud. Continue until all the shapes are done.

Science: Soluble and Insoluble Objects

- Objective: sensory exploration, fine motor skills, language development
- Materials: some sugar/coffee/salt, cooking oil, two clear containers, warm water
- Procedure: Take all materials to the table. Pour the warm water in the clear containers. Have the child put the sugar/coffee/salt into one of the containers of warm water. Let the child observe. Ask the child what he/she sees. Next, have the child pour the oil into the other clear container of warm water. Let the child observe and ask the child what he/she sees.

Week Six: Wednesday

Practical Life: Watering Plants

- Objective: hand eye coordination, how to care for a living thing, building confidence
- Materials: watering can, live plant
- Procedure: Fill the watering can with a little bit of water. Ask the child to carry the can to the plant. Explain to the child that a plant is a living thing and needs some water. Grab the watering can and show the child how to water the plant. Encourage the child to water the plant after you.

Sensorial: Comparing Materials Surfaces

- Objective: developing senses, language
- Materials: 3 items with rough surface, and three items with smooth surface, basket
- Procedure: put the objects inside a basket, take one object out at the time and touch it and say rough or smooth depend on the item, repeat that with all objects inside the basket and leave the basket and let the child play with the activity.

Language Arts: Matching Letters

- Objective: introduction to writing
- Materials: construction paper/computer paper
- Procedure: cut out the letter A, M, T and S in lowercase, two of each (see attached). Set the letters horizontally left to right. Have the child match the letters with the ones that are in the line. When you match them, say the sound of that letter and have the child repeat after you.

Math: Print Shapes in Sand

- Objective: shape recognition
- Materials: different shaped cookie cutters, sand/sugar/flour, tray, tablecloth
- Procedure: Cover the area that you want to complete the work on. Bring the material, spread the sand in the tray and put the shape in sand and press it until you print the shape. Say the name of the shape. Then give the material to the child so they can do it themselves. Ask them what shapes they are using.

Science: Frog Life Cycle

- Objective: language building, sequencing
- Materials: frog life cycle print out (see attached)
- Procedure: Print out 2 copies of the handout. Cut out each stage of the circle from one copy and match them on the whole picture. Then, have the child try to do it themselves.

Week Six: Thursday

Practical Life: Slicing fruit

- Objective: fine motor skills, hand-eye coordination, promote independence
- Materials: Banana, tray, butter knife
- Procedure: Offer the child a peeled banana and show them how to hold the banana and make a slice. Encourage the child to try.
- Note: Make them wash their hands before handling the fruit.

Sensorial: Smelling boxes

- Objective: smelling development, language
- Materials: three small boxes with top, three cotton balls, three different food or dessert aromas (cinnamon, vanilla, strawberry) flavor each cotton balls and put them in the separate boxes and put the top on for few hours
- Procedure: Sit with the child. Open each box one at a time and smell it and say the name of the aroma – i.e. "cinnamon" and let the child smell it. Repeat with the other aromas.

Language Arts: Play dough Letters

- Objective: introduction to writing
- Materials: playdough, letters that you have already used in previous lessons
- Procedure: give the child some play dough and the letters and let the child make the shape of letters and say the sound.

Math: Matching Numbers with Pictures

- Objective: introduction to quantity, number recognition
- Materials: written out numbers 1-4 on paper, ten small identical pictures, tray

- Procedure: Place the numbers vertically on the left-hand side of the tray from 1 to 4. Have the child count out the number of pictures that correspond to that number.

Science: Nature Walk

- Objective: introduction to the living world around us
- Materials: bag to carry collected items in
- Procedure: Go for a walk with the child and ask them to tell you what they see, hear, smell or feel. Encourage them to feel the texture of rocks, barks of trees, and dried up leaves and to collect what they find interesting.

Week Six: Friday

Practical Life: Self-serving Cereal

- Objective: self-help skills, assisting with daily task, independence
- Materials: cereal, one big bowl, 2 small bowls
- Procedure: Pour the cereal into the big bowl. Show the child how you scoop the cereal with your small bowl and encourage the child to do the same.

Sensorial: Making Bubbles

- Objective: sensory exploration
- Materials: liquid soap, small zip lock bag, a container, some water.
- Procedure: Pour some liquid soap inside the bag close it. Give the bag to the child and let the child touch and play with bag. Then pour some water inside the container, with the child open the bag inside the water and add soap to the water.

Language Arts: Read a Book

- Objective: introduction to reading, engage in a meaningful conversation
- Materials: book
- Procedure: Read a book with the child. Ask the child to point to objects or people in the book. Ask the child what he/she liked about the book and what happened in the book.

Math: Counting Pom Poms

- Objective: number recognition, practice counting with a 1:1 ratio
- Materials: pen, paper, pom poms
- Procedure: Cut the paper into 10 different squares. On each square, write the numbers 0-9. Starting with 0, show the child that no pom poms go with that number. Then move to number 1 and place one pom pom underneath the number. Move to number 2 and so on. Encourage the child to place the pom poms with you and to count how many pom poms they have under each number.

Science: Metamorphosis

- Objective: introduction of life cycles, language development
- Materials: <https://www.youtube.com/watch?v=jR0EPHyo128>
- Procedure: Watch this video with your child and repeat the word "metamorphosis".

a	b	c	d	e	f	g
h	i	j	k	l	m	n
o	p	q	r	s	t	u
v	w	x	y	z		

