

30-36 Months Week 7 Reggio Lesson Plan

Monday: Wiggly Snakes

- Objective: cause and effect, sensory exploration, language development
- Materials: gummy snakes, baking soda, vinegar, warm water, 2 clear jars/containers
- Procedure: Add about 1/3 a cup of baking soda to a glass of warm water. Stir until mostly dissolved. Cut the gummy snakes into about four pieces each vertically, exposing the sticky insides. Drop the snakes into the baking soda mixture. Wait 20 minutes. Fill a glass with vinegar. Drop the gummy snakes into the vinegar one at a time. They will wiggle and move and seemingly come to life. When one snake stops moving, add another to the jar. Talk to the child about how baking soda and vinegar make carbon dioxide while they are dropping the snakes into the liquid.



Tuesday: Bubble Snakes

- Objective: sensory exploration, language development, cause and effect
- Materials: empty water bottle, small towel or old sock, liquid soap, water, rubber band, scissors, glycerin(optional)
- Procedure: Using a pair of scissors, cut off the bottom of the water bottle. Cover the bottle's bottom with a small towel and secure it using a rubber band. This will be the bubble maker. Now, make the bubble solution. Mix one big squeeze of the liquid soap with one cup of water. Dip the wrapped end of the bottle into the bubble solution and then blow bubbles through the opening on the other end.



Wednesday: Rainforest Mud Slime

- Objective: sensory exploration, follow multi-step directions
- Materials: 1 cup Elmer's Liquid School Glue, 6 drops brown acrylic paint, ½ cup liquid starch, 5 spoonfuls of dry dirt
- Procedure: Combine 1 cup of glue and 6 drops of brown acrylic paint in a bowl and mix well. Add 5 spoonfuls of dirt and mix well. Finally, add your liquid starch in 1 Tbsp at a time and mix well. You will usually use the whole half cup. After a few tablespoons, you can use hands to knead in the mix. Add grass, rocks, toy frogs and mulch to make it a fun sensory bin.



Thursday: Loose Parts Tree Decorating

- Objective: fine motor skills, hand-eye coordination, sensory exploration, creative expression
- Materials: branches, leaves, vase, rocks, beads, straws, buttons, large and small clothespins, pipe cleaners, flowers, string. *If you don't want to use real leaves, you can cut small leaves out using construction paper and scissors.
- Procedure: Gather your materials: search outside for some twigs, small branches, and various leaves from the yard. Place the twigs and small branches into the vase. Filling the vase with rocks will help secure the twigs and small branches into place. Grab the rest of your materials and start decorating the tree.



Friday: Tree Bark Rubbings

- Objective: sensory exploration, creative expression, fine motor skills
- Materials: easel paper or multiple pieces of white paper, crayons with wrappers removed, packing tape, tree
- Procedures: Find a big, beautiful tree outside. Grab some easel paper and tape it around the trunk of the tree. Use the crayons and color on the paper. Use the crayons to rub on the patterns of the tree bark.

