

## 12-18 Months Week 8 Reggio Lesson Plan

### **Monday: Berry Painting**

- Objective: sensory exploration, language development, explore new materials with interest, creative expression
- Materials: smashed berries in bowls, white construction paper, paintbrush
- Procedure: Smash the berries in separate bowls. Invite the child to paint with you. Encourage the child to use his/her fingers as well as the paintbrush.



### **Tuesday: Nature Lantern**

- Objective: fine motor skills, sensory exploration, creative expression, exposure to nature
- Materials: flowers, twigs, leaves, rubber bands, flameless tea light, glass/plastic jar
- Procedure: Go outside and find different sized flowers, twigs, sticks and leaves. Put them aside. Then, wrap rubber bands all around the glass jar. Have the child then move the rubber bands to place the nature items around the glass jar. Next, place the tea light in the jar.



### Wednesday: Citrus Prints

- Objective: explore new materials with interest, creative expression, sensory exploration, hand-eye coordination
- Materials: citrus fruit: lemons, limes, oranges, grapefruit, knife, paper, paint, paintbrush, paper plate
- Procedure: Cut the fruit in half. If you want, you can leave the fruit as is or you can squeeze the fruit a tiny bit to make it different shapes. You can also cut the insides out so that the stamp will be more defined. Pour the paint on the paper plate. Dip the fruit into the paint and then stamp your paper. You can also have the child paint the fruit and then stamp it on the paper.



### Thursday: Bead Tower

- Objective: fine motor skills, sensory exploration, introduction to patterns, creative expression
- Materials: playdough, beads, straws/sticks/wooden skewer/dried spaghetti
- Procedure: Have the child roll the playdough into a ball. Then have the child place the stick/straw standing straight up into the playdough. Encourage the child to place the beads on the stick to create a tower. Introduce a pattern to the child.



### Friday: Nature Painting

- Objective: sensory exploration, language development, fine motor skills, creative expression
- Materials: paint, paper, things found in nature: dirt, grass, flowers, rocks, leaves, branches, etc.
- Procedure: Go on a nature hunt and have the child collect things. Grab some paint and paper and begin using the nature materials to create a painting. Paint with the branches, stamp with the rocks etc.

