

18-30 Months Week 15 Lesson Plan

Monday:

Practical Life: Sewing

- Objective: eye hand coordination, practical skill of sewing, practice precision and exactness.
- Materials: needle with blunt tapestry, thread, small cardstock (4" in 4"). Punch, holes on each side with same distance.
- Procedure: thread the needle and start sewing. Move the needle through holes side by side. Let your child see you push the needle inside the hole and pull it out and push it in the next hole.

Sensorial: Testing Fruits

- Objective: developing sense of tasting.
- Materials: slice of apple, slice of pear, and slice of banana.
- Procedure: put the fruit in the three different plates, with the child take a bite and pause, name the fruit and repeat with other fruits. Now ask your child to cover her eyes and open her mouth and put on of the fruit slice in her mouth and ask her to guess, "what was that fruit?"

Language Arts: Labeling Objects in Living Room

- Objective: preparing for reading.
- Materials: several cards, any writing tools.
- Procedure: with the child walk around the living room and choose some furniture like: television, chair, table and vase. Write the name of the items on different cards and walk again and put the name of each items next to that item.

Math: Making an Abacus

- Objective: learning quantity.
- Materials: 10 skewers, play dough, and bowl full of cheerios.
- Procedure: pierce the skewers from the sharp side, inside the play dough, put the cheerios in each skewer from one to ten. Count the cheerios when you thread them.

Science: What Absorbs in Water?

- Objective: concentration.
- Materials: A rock, a plastic toy, and a piece of sponge, water, and 3 bowls.
- Procedure: place the solid materials inside the different bowls. Give your child small amount of water and ask him to pour water on the top of each items and observe what's happening.

Tuesday:

Practical Life: Dressing (snap button)

- Objective: Care of self, developing fine motor skills, and eye hand coordination.
- Material: baby cloth with snap buttons or sew few snap buttons on two pieces of fabric.
- Procedure: sit with the child and open all the buttons. Slowly place the stud on a top of the socket and press it and listen to the click sound.

Sensorial: Different Surfaces

- Objective: tactile development.
- Materials: three different flooring materials, like: carpet, wood or laminate, bath tile.
- Procedure: put the flooring materials inside the basket and let the child takes them and touches the different textures.

Language Arts: Bingo

- Objective: reading.
- Materials: make two copies of a few pictures of animals, basket
- Procedure: Glue one set on a piece of paper, select some from the second copy and put them inside a basket. Take one picture at the time read it and ask the child to check her card if she has the picture. Repeat with remaining animals.

Math: Counting Candles

- Objective: quantity
- Material: 3 cupcake liners, play dough, and six candles. Three piece of papers and one marker.
- Procedure: fill the cupcake liners with play dough, put the candles inside a box, write the numbers 1-3 on the papers. Set the cupcakes on the table from left to right and place the number below each cupcake from 1-3. Take the candles out and put them inside the cupcakes (1 in first one, 2 in second, and 3 in third one).

Sensorial: Melting Ice

- Objective: concentration
- Materials: ice try, food coloring or liquid watercolors, and salt.
- Fill the ice try wit water and add color to each compartment. Put the tray inside the freezer, when they froze take them out and sprinkle some salt on the ice. You can hear pop and crack sounds and also see spots, on the ice.

Wednesday:

Practical Life: Washing Dishes

- Objective: daily tasks
- Materials: 2 large plastic containers, a small plastic jug, a brush with handle or sponge, travel bottle with soap mixed, soap dish and water, dish rack, drying mat, and kitchen towel.
- Procedure: spread the mat on the children size table, place two large containers on the mat, mix soap and water inside the travel container, mark the jug with a line for level of water. Ask the child fill the jug and pour it inside of on container and pour soap mixed in other container. After snack ask your child take her dishes to the set up and wash them in container with soap mixed uses brush and then put it inside the container with water and rains it and put it in the dish rack to get dry. Use the kitchen towel for cleaning spill.

Sensorial: Mixing Soap and Water

- Objective: developing tactile.
- Materials: one large container, squeezing bottle, soap, small jug, eggbeater, kitchen towel for cleaning.
- Procedure: mark the jug for water level reason, ask the child to fill the jug and pour it inside the container and add one or two drops of dish soap, beat it with the eggbeater. Let your child touch the soapsuds.

Language Arts: Talking About Family Members

- Objective: language development
- Materials: pictures of family members, box
- Procedure: Place all of the pictures in the box and sit with the child. Take each picture out one at a time and say the name of the person in the picture and the relationship that child has with the person in the picture. When you go through each picture, place them all back in the box and encourage the child to do it again with little assistance.

Math: Thread Numbers

- Objective: sequences of numbers.
- Material: paper towel tube, one shoelace, cardboard, marker, and glue.
- Procedure: cut the tube in five parts, write the numbers 1-5 in them, glue them on the cardboard from left to right start with one. Give the child shoelace to thread the numbers.

Science: Fizzing Colors

- Objective: concentration and observation on chemical reaction.
- Materials: Baking soda, liquid watercolors or food coloring, vinegar, baking sheet, and eyedropper.
- Procedure: spread the baking soda all over the baking sheet. Squeeze the colors all over the baking soda, use eyedropper and squeezes vinegar on the top of the colors and observe the colors fizzing and bubbling.

Thursday:

Practical life: Cleaning Windows

- Objective: taking care of environment.
- Materials: A bottle spray, one cup of water, ¼ cup of vinegar, a small squeegee, and small piece of fabric.
- Procedure: mix water and vinegar in the bottle spray, spray the mix and use squeegee upward and downward, and left to right. For younger toddlers is easier to move their arms up and down. Use the fabric for drying.

Language Arts: Picnic Game

- Objective: encouraging child to talk and developing vocabulary.
- Materials: small picnic basket, small blanket, paper plate, paper cup, and some food toys.
- Procedure: place the materials in the playing area, and start to play game; we are going to the picnic what do we need? Pause, wait the child to answer. You can point to the objects and give him clue. When child said the name of any objects, put that object inside the basket.

Sensorial: Sponge Painting Rainbows

- Objective: developing tactile, and learning colors
- Materials: an ice tray, a sponge, brush, and colors of rainbow paint. Piece of paper.
- Procedure: put a drop of each color in the ice tray, swipe each color, in the order of the rainbow, onto a sponge. Use a paintbrush to add more colors as you doing that say the colors name. your child can rub the sponge on a paper.

Math: Simon Says

- Objective: learning numbers, gross motor skills
- Materials: none
- Procedure: sit with your child and play the game; Simon says clap your hands 2 times, Simon says jump up 3 times.

Science: Magic Milk

- Objective: concentration and observing chemical reaction.
- Materials: a shallow plate, food coloring, some milk, and dish soap.
- Procedure: pour milk inside the plate till milk covers the bottom of the plate. Place some drops of food coloring into the center of milk and then drop soap dish in the middle of milk but not on colors and observe what is happening.

Friday:

Practical life: Table Scrubbing

- Objective: developing fine motor skills.
- Materials: a small bucket, a sponge, kitchen towel, some water.
- Procedure: pour water inside the bucket, place the sponge inside the bucket, take it out and squeeze it until water drops back into the bucket and scrub the table move your arm in circle. Let the child try.

Sensorial: Salt Finger Painting

- Objective: feeling different textures.
- Material: some paint, some salt, piece of paper.
- Procedure: add salt into the paint and mix them (change the texture) put some paint on the paper and let your child use her fingers to create a picture.

Language Arts: Letter Tracing

- Objective: Writing and developing motor skills.
- Materials: piece of paper, color pencils or crayons.
- Procedure: draw a dotted outline of the different letters of the alphabet, ask your child to join the dots and identify the letter.

Math: Geometric Solids

- Objective: learning 3D shapes
- Materials: First set of the 3D shapes (cube, cylinder, and sphere)
- Procedure: put the shapes inside the basket, sit with the child, take one shape out and name it. Give the shape to the child to touch it and name the shape again.

Science: The Pepper Soap Experiment

- Objective: observing chemical reaction.
- Materials: Pepper, a plate or bowl, water, and dish soap.
- Procedure: pour some water onto a plate or bowl. Water has to cover a fairly large part of the plate. Sprinkle some pepper onto the surface of the water. Dip your finger into dish soap and place your finger in the center of the plate into the water. Watch as the pepper quickly scatters to the edges of the water on the plate.