

Week Nineteen 12-18 Months

Monday

Practical Life: Pouring Maple Syrup

Materials

- Two different sized pouring glasses
- Maple Syrup

Steps

- On a flat surface pour a little bit of maple syrup into one of the glasses.
- Invite your child to sit down and explore the two glasses.
- Give them an example by pouring the syrup from one glass to another.
- Invite your child to try.



Sensorial: Maple Syrup Sensory Play (**Warning: very sticky**)

Materials

- Maple syrup
- Water
- Shallow container
- Art smock

Steps

- In a shallow container pour 1 cup of maple syrup and a ½ cup of water and mix
- Put your child into a waterproof art smock
- Invite your child to come explore what is inside
- Let your child explore and have fun!



Language Arts: Lets read and discuss Canada

Materials

- [Canada PowerPoint](#)

Steps

- Open the PowerPoint
- Invite your child to sit with you and learn more about Canada
- Read the PowerPoint and discuss each slide

Math: Counting objects

Materials

- Multiple of anything

Steps

- Invite your child to come play
- Gather multiple of anything and lay it on a mat in front of them.
- As they explore count the items over and over.

Science: Coloring Canada

Materials

- Coloring utensils
- [Blank Canada page](#)

Steps

- Print out the PDF above
- Invite your child to color and name the provinces they just made to match the picture.



Tuesday

Practical Life: Buttoning up

Materials

- Anything with buttons (coat/shirt)

Steps

- Invite your child to come explore the item with buttons
- Show your child how to use the buttons
- Then have them try to use the buttons



Sensorial: Geometric Shape Making

Materials

- [Shape flashcards](#)

Steps

- Print and cut out the shape flash cards
- Invite your child to explore each shape and ask them "What do you see?" on each one
- Go over each shape with them.

Language Arts: Canadian Flags Picture matching

Materials

- [Canada Flags nomenclature cards](#)

Steps

- Print and cut the Canadian flags nomenclature cards
- Invite your child to come look at the pictures and ask, "what do you see?"
- Then have your child match each picture together correctly



Math: Counting

Materials

- [Printable numbers](#)

Steps

- Print and cut the numbers
- Place the numbers in order
- Point to the number and say it
- Have your child try and repeat it to you

Science: Canadian Animals Picture Matching

Materials

- [Canadian animal cards](#)

Steps

- Print and cut the Canadian animal cards
- Invite your child to come look at the pictures and ask, “what do you see?”
- Then have your child match each picture together correctly

Wednesday

Practical Life: Tying String/Laces

Materials

- Anything with strings/laces

Steps

- Invite your child to come explore the item with the laces/string
- Show your child how to tie the laces/string
- Then have them try to tie the laces/ string



Sensorial: Different Textures

Materials

- 4 different types of textures (Rough, Smooth, Bumpy, Squishy)



Steps

- Invite your child to come explore each texture with you
- Let them feel each one and talk about what they feel
- Have them close their eyes while you mix them around
- With their eyes still closed have them feel the textures and try to guess what they are

Language Arts: Sand Tray Letters

Materials

- Sand/flour/rice
- [Printable Letters](#)

Steps

- Print out the Letters
- Invite your child to come work with you
- Show them the letter and say the sound
- Then have them try to copy the letter in the sand/flour/rice.

Note: they will have difficulty drawing the letters but this is good practice for them!



Math: Number Hop

Materials

- Paper
- Tape

Steps

- On some paper write the numbers 1-5
- Tape them to the ground
- Invite you child to come explore the numbers
- Ask them to hop on the number one. Then to the number two etc.

Science: Season Sorting



Materials

- [Season sorting cards](#)

Steps

- Print and cut out the season cards
- Invite your child over to work with you
- Start off by asking them “what are the four seasons?”
- Then let them explore the cards
- Once done have them separate the word cards
- Then show them each picture and show them what season it belongs in.

Thursday

Practical Life: Using a Zipper

Materials

- Anything that zips up (coat, sleeping bag, etc.)

Steps

- Invite your child to come explore the item with zipper
- Show your child how to zip up the item
- Then have them try to zip it up after you

Sensorial: Mixing colors

Materials

- 6 Small containers
- Food coloring (red, blue, and yellow)
- Water
- Spoon/pipette

Steps

- Fill 3 containers $\frac{1}{2}$ way up with water
- Add 3 drops of food coloring
- Mix with spoon/pipette
- Place the other 3 containers in between each color
- Invite your child over to explore each color
- Let them spoon each color into the empty jars to see what colors they can make



Language Arts: Word recognition

Materials

- None

Steps

- Invite your child to walk around the house with you
- Ask them “what do you see?” when they point to something say what it is and have them try to repeat it

Math: Number cut

Materials

- Play dough
- Butter knife/play dough knife

Steps

- Invite your child to come and explore the play dough
- Make the play dough into a flat circle.
- Help your child cut the play dough and then count it as many times as they cut it.



Science: Canadian Flags Picture Matching

Materials

- [Canadian flag cards](#)

Steps

- Print and cut the Canadian flag cards
- Invite your child to come look at the pictures and ask, “what do you see?”
- Then have your child match each picture together correctly

Friday

Practical Life: Cleaning up after eating

Materials

- Sponge
- Bowl
- Soap and water
- Broom and dustpan



Steps

- After breakfast, lunch, dinner or snack time get a small bowl with soap and water ready.
- Place a sponge inside the bowl
- Invite the child to come over and grab the sponge making sure they squeeze out all the excess water
- Have them wipe the table where they were eating sweeping the crumbs on the floor
- Once the table is clean, they need to put the sponge back and grab the broom and dustpan
- With the broom have them sweep the crumbs into a small pile and then sweep it into the dustpan.
- Have them throw away the crumbs into the trash can.

Sensorial: Different Fabrics

Materials

- At least 4 different fabrics (cotton, Denim, wool, and silk)

Steps

- Invite your child to come explore each different type of fabric with you
- Let them feel each one and talk about what they feel
- Have them close their eyes while you mix them around
- With their eyes still close have them feel the textures and try to guess what they are



Language Arts: drawing on a postcard

Materials

- [Postcard](#)

Steps

- Print out the postcard
- Invite your child to explore the postcard
- Then have them use the postcard to draw a picture

Math: Number song

Materials

- Any number song

Steps

- Turn on the number song
- Use your fingers to help count the numbers
- Try to encourage your child to do it with you

Science: Canadian landmark picture matching

Materials

- [Canadian landmark cards](#)

Steps

- Print and cut the Canadian landmark cards
- Invite your child to come look at the pictures and ask, "what do you see?"
- Then have your child match each picture together correctly

