

Week Twenty-Two 36+ Months

Monday

Practical Life: Washing Hands

Materials

- wash basin with soap, a drying towel, a stool if needed

Steps

- Stand at the wash basin with the child. If the child is not tall enough, grab the stool and have them stand on the stool
- Turn the water on and encourage the child to put both hands under the water
- Remove hands from running water and apply soap to work up a lather
- Encourage the child to rub their palms and fingers against each other
- Place hands under the running water to rinse the soap off until there is no more bubbles
- Encourage the child to wipe and dry their hands on the towel

Sensorial: Indian Spice Smelling Jars

Materials

- Indian spices (pepper, turmeric, cumin, cinnamon, cardamom, chili peppers), small bowls or jars

Steps

- Place the different spices in the jars or bowls.
- Invite the child over to sit with you as you explain the smelling jars/bowls
- One by one, have the child smell the jars/bowls
- Encourage the child to say what they smell, if it smells familiar, if they like or dislike the smell, etc.



Language Arts: Practicing Like Phonetic Sounds

Materials

- Basket
- Objects around the house that start with different letter sounds: apple, blanket, carrot, doll, etc

Steps

- Encourage the child to find objects around the house that they are familiar with and place them in the basket
- Pick up an object and name it, stressing on the letter sounds. For example, Blanket begins with the sound “buh” not “bee”.
- Encourage the child to say the correct letter sounds with each object

Math: Number Ordering

Materials

- Number order worksheet (below)

Steps

- Print out the number worksheet
- Encourage the child to complete the worksheet to the best of their ability
- Help the child if necessary in placing the numbers in order

Science: Tracing India

Materials

- Pencils
- Map of India (below)
- Piece of paper



Steps

- Print out the colored India page
- Invite your child to place the piece of paper on top of the India page and use the pencil to trace around India
- Once done invite your child to color and name some of the Indian territories they just made to match the picture.

Tuesday



Practical Life: Sweeping

Materials

- broom
- Dustpan and brush
- Scrap pieces of paper cut up/dirty floor

Steps

- Invite the child to sweep with you by introducing the broom and explaining that the broom is meant for sweeping the floor
- Then, show the child the dustpan and brush and explain that they are meant for sweeping dirt up
- Place the scrap paper on the floor and demonstrate how to sweep them up and are piled into a heap on the floor.
- Then, scoop the scraps into the dustpan
- Encourage the child to try to sweep and scoop with the broom and dustpan

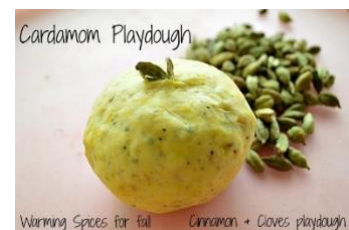
Sensorial: Cardamom Playdough

Materials

- ½ cup flour
- 2 TBSP cardamom powder
- Few drops of yellow food coloring
- 2 TBSP salt
- 1TBSP oil
- 1TBSP cream of tartar
- ¼ cup boiling water

Steps

- Invite the child to make playdough with you
- Stir together the flour, salt and cream of tartar and cardamom in a large pot
- Next, add the water, oil and food coloring
- Cook over medium heat and stir constantly
- Continue stirring until the dough has thickened and forms into a ball.
- Remove from heat and play



Language Arts: Sound Game

Materials

- Household objects, a tray

Steps

- Invite the child to find different objects around the house with you
- Look at the items and say to the child "I am thinking of an object that begins with the sound "ha" (for H).
- Have the child look for the items to see if he/she can find the item with that beginning sound

Math: Bengal Tiger Connect the Dots

Materials

- Tiger Connect the Dots worksheet (below)

Steps

- Print out Tiger picture
- Have the child complete the connect the dots to complete the picture
- Encourage the child to count each number as they connect them together



Science: India Animals Cards

Materials

- Animals of India Animal Cards (Below) 2 copies

Steps

- Print and cut out the Indian animal cards
- Invite your child to come and learn about some Indian animals
- Have them cut out the picture and mix them around
- Then go through the cards and match a picture with the matching picture



Wednesday



Practical Life: Sorting Utensils

Materials

- A large tray
- A cutlery tray
- A basket with a set of cutlery: knives, forks, spoons



Steps

- Ask the child to carefully carry the tray from the shelf to the table
- Remove each item individually from the basket and place them in the correct compartment of the cutlery tray
- Once the basket is empty, take all the utensils out of the cutlery tray and put them back in the basket
- Encourage the child to try to sort the cutlery themselves

Sensorial: India themed Sensory Bin

Materials

- Lentils/seeds/beads/colored rice
- Bowls/spoons
- Elephant figurine, tiger figurine, cow figurine
- Grass/straw/hay
- Bin
- Leaves, branches from outside

Steps

- Place all the objects in the bin and invite the child to join you to explore.
- Have the child feel the different textures and say what they feel. Have the child smell the different seeds.
- Encourage the child to tell you what they are exploring with in the sensory bin

Language Arts: Handwriting Practice

Materials

- Handwriting worksheet (Below)
- pencil

Steps

- Print out the handwriting worksheets and present it to the child
- Explain to the child that they are going to practice handwriting



- Encourage the child to show you how they hold the pencil and correct if necessary
- Have the child work on the worksheet and help if necessary

Math: Rangoli Shape Design

Materials

- Construction paper/or premade shapes made from construction paper: circle, square, triangle, diamond, oval
- Scissors
- glue
- paper plate



Steps

- Gather your materials and tell the child that you are going to practice making Rangoli designs- (explain to the child what it is and where it comes from). You can show them different pictures of Rangoli designs as well.
- Have the child cut different shapes out of construction paper, or if you are using prepared shapes, encourage the child to create a pattern/design with the shapes
- While they are cutting and creating their designs, have the child say what the different shapes are.

Science: Animal Classification

Materials

- Animal Worksheet (below)
- Scissors
- Glue

Steps

- Print and cut out the animals on the worksheet
- Invite your child over to work with you
- Start off by presenting them with the animals and explaining to them what group they belong in
- Then let them explore the cards
- Next, have the child place the animals in their correct category. Correct if necessary

Thursday



Practical Life: Zipper Dresser Frame

Materials

- Any item of clothing that has a zipper

Steps

- Invite the child to find clothes that has a zipper: jacket, pants, etc.
- Begin with demonstrating how to unzip
- Place the left hand on the left side of the flap
- Pull the zip head down with the thumb and index finger of the right hand to the right end
- Next, show how to zip up
- Place the left hand at the bottom of the zip, holding both the flaps down
- Pull the zip head with the thumb and index finger of the right hand all the way up.
- Encourage the child to try by themselves.

Sensorial: Walk on the Square and Rectangular Lines

Materials

- Masking tape or painters' tape

Steps

- Make a square and a rectangle from masking or painter's tape on the floor
- Encourage the child to walk on the line around the shapes. Encourage the child to see if they can come up with any shapes to walk around.

Language Arts: Sand Letters

Materials

- Sand/rice/flour, tray or square cake pan
- Paper and pencil

Steps

- Put some sand/rice/flour in a square cake or tray.



- Write a letter on the paper and encourage the child to draw the letter in the sand tray
- While the child is writing, have he/she say the sound of that letter
- You can manipulate this by using upper and lower case letters

Math: Numbers and Counters

Material

- Write numbers 1-10 on paper and cut them out
- 55 pieces of any objects (beans, cereal, stickers)

Steps

- Lay numbers in order across the top of the table while saying each number
- Review the numbers with your child
- Place one object under the number one. Continue by placing objects in a neat vertical line underneath each number
- Extend on this with bigger numbers (20-100)

Science: Parts of the Fish

Materials

- Parts of the fish cards (below)

Steps

- Print out the cards.
- Present the cards to the child and show the different parts of the fish
- Have the child then place the parts of the fish in order

Friday



Practical Life: Dish Washing

Materials

- Dirty dishes
- Dish soap
- Sponge
- Towel
- Dish rack



Steps

- First, make sure all the left-over food is dumped into the trash
- Show the child how to rinse the plate and then pour some dish soap on the sponge and scrub the plate with it
- Rinse off the soap under running water until the plate is longer soapy and dirty
- Place the dish on the dish rack to dry
- Encourage the child to wash some of the remaining dishes
- When all the dishes are washed, demonstrate how to dry the dishes using the towel
- Encourage the child to dry some dishes

Sensorial: Sorting

Materials

- Different types of beans
- Sorting tray

Steps

- Invite the child and ask him/her to sort different beans into the sorting tray, based on their color/size



Language Arts: Objects of the Environment

Materials

- Objects from around the house

Steps

- Encourage the child to go around the house and collect any type of items



- Bring the materials to the table In front of the child
- Take an item from the tray and hold it for the child to see. Say the object's name, focusing on the correct letter sounds and encourage the child to repeat it.

Math: Coin Matching

Materials

- Two of each type of coin
- Tray

Steps

- Take the materials to the table
- Lay out the first row of coins
- Encourage the child to take a coin, one by one, and to match it with the first set of coins
- Continue until all the coins have been matched
- To extend: explain to the child to denominations of the coins and have the child match the coins based on their denominations

Science: Land, Air, and Water

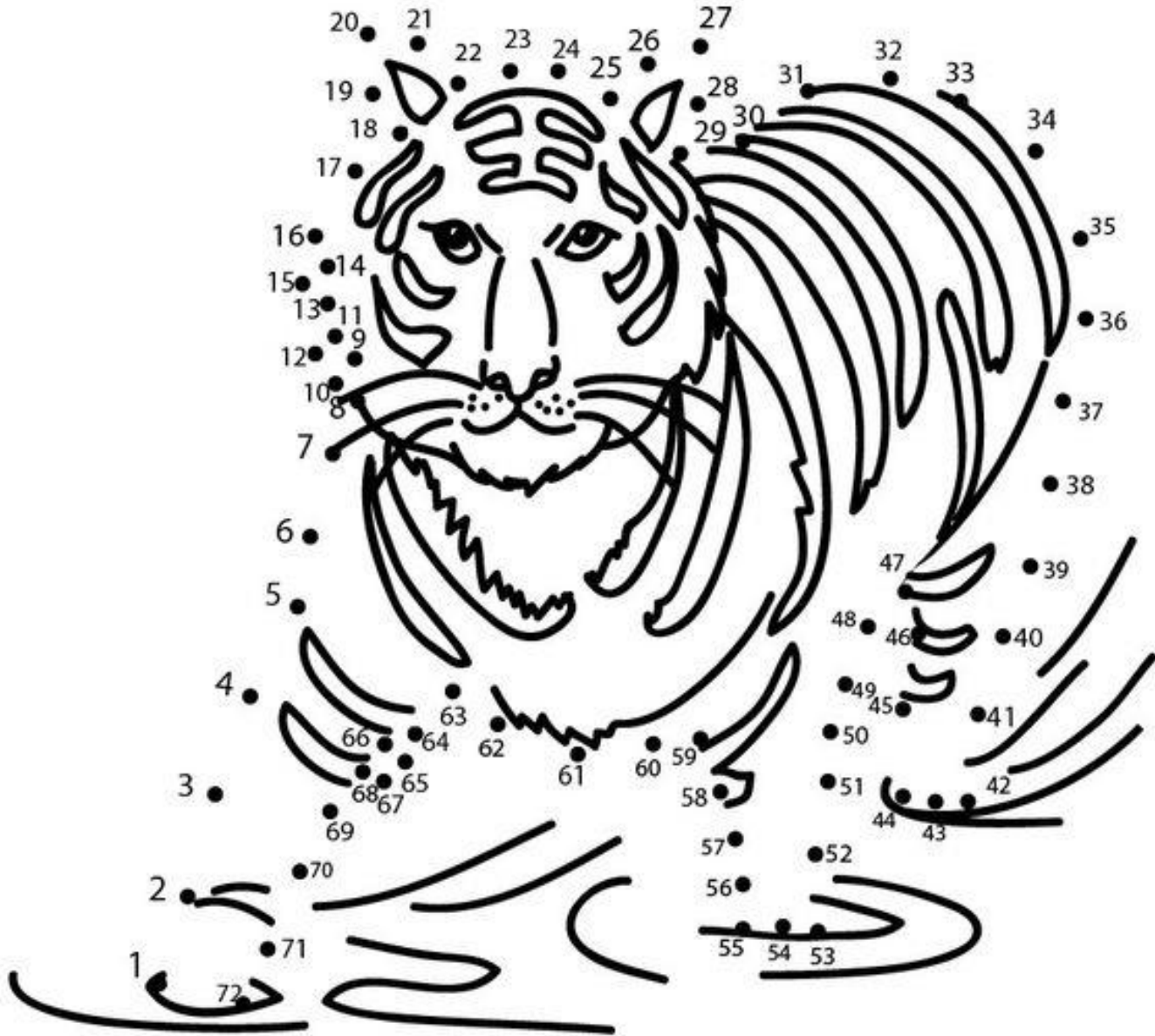
Materials

- 3 clear jars with lids: one with dirt at the bottom, one with blue water, and one empty
- A tray
- Land, air, water cards (Below)

Steps

- Present the three clear jars to the child and explain that one is for air, one is for water, one is for land.
- Present the cards to the child and have them name what they see on the card
- Then, have the child lay down the cards next to the correct jar
- Once all the cards have been laid down, check the child's work and correct if necessary







Name _____

Date _____

Number Ordering

Write each set of numbers in the correct order.

25	10	20	5	15

30	50	40	70	60

28	58	38	68	48

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INDIA







Asian Male Elephant



Asiatic Lion



Indian Rhinoceros



Lion-Tailed Macaque



Bengal Tiger



Himalayan Blue Sheep



Indian King Cobra



Macaque Monkey



Indian Wolf



Trace and Write Sentences

Kindergarten Writing Worksheet

Look at the pictures. Use the pictures to complete the sentences.



Finish the sentence.

I see a leaf.

Trace the sentence.

I see a nut.

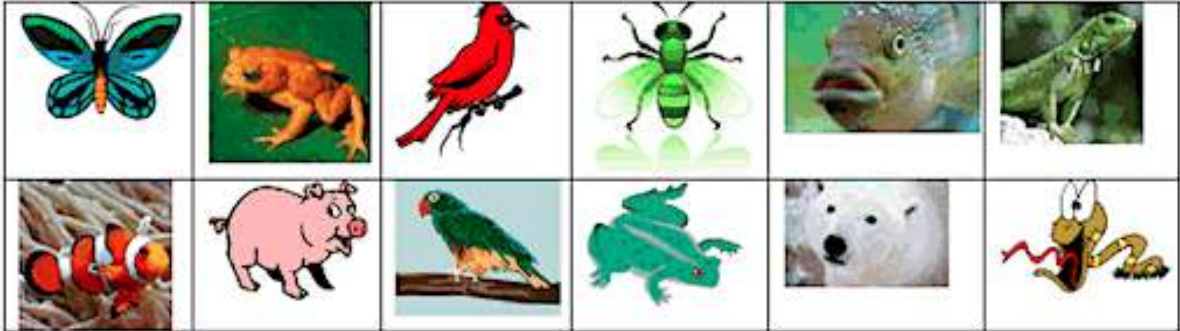
Write the sentence.



Name:

Animals Copy and Paste

Classify – Copy and paste these animals next to the correct word groups.



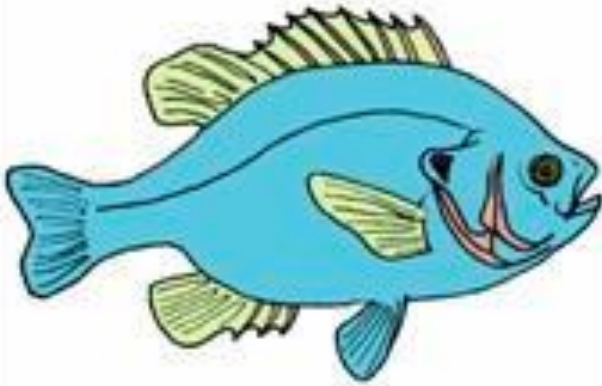
Insects		
Amphibians		
Mammals		
Fish		
Reptiles		
Birds		



 <p>land</p>	 	 	 
 <p>water</p>	 	 	 
 <p>air</p>	 	 	 

Land, Air, Water Control Chart

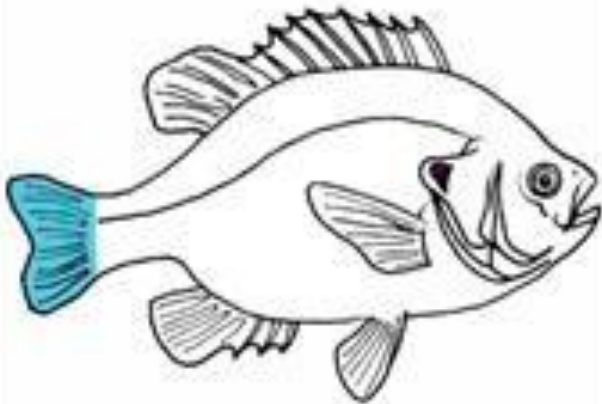




fish



trunk



tail



lateral line