

Week Twenty-three – Reggio – All About Me Study

Monday

Self Portrait

Materials

- Plain paper
- Colored pencils or crayons in colors like browns, yellows, peaches, blues, greens
- Mirror

Steps

- While looking in the mirror, study what your eyes, nose, mouth, teeth, hair look like.
- Ask yourself:
What color is my hair?
What shape is my face?
What color are my eyes?
- Draw what you see!



Tuesday

Favorite Meal

Materials

- Whatever you need to make your favorite meal or snack

Steps

- With help from a parent or caregiver, prepare your favorite food! This is a great way to learn skills with utensils, self help skills, nutrition, and it creates confidence in the kitchen! You can share the food with your family and tell them why it is your favorite.



Wednesday

Explore Day!

Materials & Steps

- Create whatever you would like pertaining to our All About Me theme!

Thursday

What's Your Name?

Materials

- Letter beads, letter stickers, letters printed from the computer, letters cut out of magazines, moveable alphabet, sandpaper letters, letters from an alphabet puzzle, etc.

Steps

- Using the letters of the alphabet, explore which letters are in your name and which ones aren't, put the letters of your name in order, spell your whole name.
- For younger friends, look for the first letter of your name and talk about what sound it makes.



Friday

Family Portrait

Materials

- Any drawing utensils
- Plain paper



Steps

- Look at your family in person or in a photograph and draw what you see!
- Younger friends can do this too by practicing circles and other shapes that make up a person.

