

0-12 months – Week 9

Treasure Basket

Materials: Natural items around the house or garden, a shallow basket or bucket

Procedure: Gather some items (about 10 to 15) and arrange them in a shallow basket/bucket so the baby can reach and grab something from all sides. Then sit back and allow your child to explore.

Note: This is presented to your child a few times a week to keep it exciting! Other basket ideas:

Reflective Basket- you put reflective items in this basket (metal whisk, an old CD, sparkly ball, a teaspoon, etc.)

Noisy Basket -you put noisy items in this basket (bells, shakers, a tambourine, etc.)

Textile Basket- you put a different type of texture items in this basket (Crochet, knitted glove, velvet, sponge, netting, felt, ribbon, lace)



Drop and Play

Objective: Fine motor play

Materials: An empty milk jug, A few smallish toys

Procedure: Cut three holes in the milk jug. One on the top and two on the sides. Place the objects you have chosen into the milk jug and give it to your child. Then sit back and allow your child to explore.



Water Play

Materials: Small tub, toys that can get wet, water, and a towel

Procedure: place a towel on the floor. Fill the bucket up with water and place it on the towel. Once the tub is on the towel you place the toys in the tub. Then sit back and allow your child to explore.

